



## **A Paradigm Shift: Work/Life Blend**

Attendees of our multiple regional events in Houston will attest each experience deepens their personal and professional growth as well as strengthens ties made in the community. *Come join us!*

**This all day conference is open to everyone in the community.**

**Register now – Space is limited**

**Friday, August 17, 2012**

**8:00 Registration**

**8:30 Introductions and Welcome**

HCC Trustee, Neeta Sane (invited) and HCC Chancellor, Dr. Mary Spangler.  
The Center for APA Women – President/CEO, Rosie Abriam

**8:45 Peggy Nagae: Reintroduces/refreshes Whole Person Leadership concept/philosophy**

**9:15 “A New Paradigm Shift: Work/Life Blend”**

Keynote: Christine Mei, Coca Cola

Answering the question of how to blend our work and life rather than see them as two conflicting parts that we continually need to balance. Ms. Mei will share from her array of work and life experiences about being a whole person at work, home or in the community. How do we remain our “true selves” in all facets of our life, while advancing our careers, nurturing our families, sustaining friendships and contributing to our communities?

**10:00 Break & Networking Exercise**

**10:30 Plenary Session: The Gift of Leadership: Creating the Sacred Space**

Explore four principles developed by The Leader Project from an indigenous cultural perspective that help build a foundation for shared leadership.

Cheryl Ka'uhane Lupenui : Founder, The Leader Project

State of Hawai'i, Board of Education, Past President/CEO, YWCA of O'ahu

**12:00 Break for lunch**

**12:15 Lunch - Table discussions facilitated by APA women & community role models**

**1:00 Break**

**1:15 Session 1 Four (4) breakouts.**

- Panel: How can I successfully Navigating Corporate Culture?
- Networking: I already have a network, now how do I activate it
- Coaches, Mentors and Sponsors : What are the differences?
- What are Leadership Perspectives and Tools?

- 2:30** Break  
**2:45** Session 2 (Sessions will repeat so folks can go to 2 different ones.)  
**4:00** Break  
**4:15** Wrap up, include discussion on puzzle piece  
**4:30** Break for networking reception

**4:45-6** Networking Reception (Drawing for SWA round trip to 2013 Summit in LA and free registration)

### **Afternoon Sessions :**

1. **Panel: How can I successfully Navigating Corporate Culture?** In this session panelists will provide examples, tips and ways to effectively navigate corporate culture as a whole person leader. From how to fit in but not sell yourself out to relationship building and managing conflict, panelists will identify typical workplace situations that can help build and boost your career or stop your advancement. Identify your blind spots as well as your assets with these leading APA women.
2. **Helen Powers & Pranika Sinha: Networking: I already have a network, now how do I activate it?** With hundreds of business cards, email exchanges, facebook friends and linked in touches, how do I activate my network in a way that works? From this interactive workshop discover how to rely on your network and turn it into business opportunities without being overbearing. Learn how your network might assist in your job, act as a resource for a project or provide contacts throughout the country and the world. How much is too much to ask? You've built your network, nurtured it and watched it grow. Now what?
3. **Kay Iwata: Coach, Mentor, Sponsor: What are the differences?** There is a difference between coach, mentor, and sponsor. Learn the distinctions from this workshop and when one is more important to focus on than another: Coach (short term, focused on problem solving, less of a commitment), Mentor (longer term, overall development, more of a commitment) and Sponsor (your influential, organizational advocate who promotes you to others, critical mutual responsibility to maintain credibility). What are appropriate expectations for each and how do I get the most out of the relationship while also giving to it? In this experiential workshop, learn what makes a win-win mentoring, advising and coaching relationship the whole person way.
4. **Cheryl Ka'uhane Lupenui: Generosity is in the Exchange** Discover further the Leader Project principle of generous giving and receiving as first introduced from the morning plenary. This experiential workshop assists participants to gain a deeper understanding of different cultural "worldviews" and their impact through a peer learning process. This experience is designed so that practices will emerge to help us as leaders have collaborative conversations that make a difference.